CURRICULUM

CODE	DESCRIPTIVE TITLE	UNITS
	CORE COURSES	
HE 291	Research Methods Applied in Home Economics	3
HE 299	Research Output Presentation and Publication (finished HE 291)	3
	MAJOR COURSES	
HE 292	Family Studies	3
HE 293	Technological Advances in Food Innovation and Development	3
HE 294	Operations Management in Craft and Apparel Industry	3
HE 295	Health and Wellness Education, Training, and Advocacy	3
HE 296	Management of Home Economics Projects	3
HE 297	Curriculum Development with Instructional Design Preparation	3
HE 298	Sustainable Livelihood Amidst Changing Environment	3
	MASTERS THESIS	
HE 300-A	Master's Thesis I (finished 75% of coursework)	3
HE 300-B	Master's Thesis II (finished HE 300-A)	3

CURRICULUM REQUIREMENTS TO FINISH THE DEGREE

CORE COURSES	6
MAJOR COURSES	21
MASTER'S THESIS	6

- Pass a Comprehensive Exam
- Master's Thesis
- Evidence of submission of publication in a refereed journal and proof that the journal is peer reviewed

(BOR Res. No. 60, s. 2023; CMO 15 s. 2019, CMO 21 s. 2025, Admin Memo 0015 s. 2026)

TOTAL UNITS: 36

FEES
(EFFECTIVE SY 2025-2026)

PARTICULARS	AMOUNT
Admission Fee (new student):	
- local	₱ 100.00
- foreign	$ 25.00
Tuition Fee Per Unit	₱ 1,000.00
Technology Fee	₱ 3,000.00
Medical-Dental Fee	₱ 100.00
Library Fee	₱ 350.00
ID Card Fee (new student only)	₱ 186.00
Miscellaneous Fee	₱ 100.00
Entrance Fee (new student only)	₱ 100.00
ID Validation Fee (every semester)	₱ 12.00

VISION
Glocally renowned community of learning promoting collaboration, research, innovation, and knowledge sharing beyond traditional landscape.

MISSION
Provide quality life-long education for all through open, distance, and e-learning systems.

GOALS
1. To design and deliver accessible, high-quality degree programs through distance learning, leveraging technology, industry partnerships, and learner support services to meet the evolving needs of students and society.

2. To establish a sustainable continuing education system that fosters professional growth and lifelong learning through accessible, high-quality programs and industry-aligned opportunities.

3. To design and implement flexible and innovative delivery systems tailored to the needs of distance learners, ensuring accessibility, engagement, and effective learning outcomes.

4. To cultivate leadership in open and distance education by advancing expertise, research, and best practices in innovative and inclusive learning methodologies.

5. To ensure the accessibility of instructional packages for all learners through strategic collaboration, institutional partnerships, and innovative distribution mechanisms.

Benguet State University

OPEN UNIVERSITY

MASTER OF ARTS IN HOME ECONOMICS

BOR. Res. No. 60, s. 2023

"Bringing quality and affordable education to your doorsteps."

CONTACT US

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ABOUT THE PROGRAM

PROGRAM DESCRIPTION

The Master of Arts in Home Economics (MAHE) program is designed to provide graduates with advanced knowledge and skills in various areas within the ambit of home economics. This program likewise prepares graduates for their complex roles in education, research, community service, policy-making, and entrepreneurship. Hence, enhancing their competencies improves work effectiveness and increases their efficiency as they participate in their communities of practice.

MODE OF INSTRUCTION

A combination of self-study modules and synchronous sessions at designated learning centers (online) will be provided to participants once a month in a semester. Field activities, assignments, and examinations will supplement this.

COURSE DESCRIPTION

HE 291: RESEARCH METHODS APPLIED IN HOME ECONOMICS

Discussion on research principles and methods within the ambit of the home economics discipline and conceptualization of defensible and researchable research problems and questions. This course, likewise, covers discussion on appropriate statistical tools to analyze research data.

HE 299: RESEARCH OUTPUT PRESENTATION AND PUBLICATION

Presentation of research output and submission of a research article in a refereed journal. The course therefore deals with topics on paper publication and utility model/patent drafting.

HE 292: FAMILY STUDIES

Discourse and analysis on family-related theories, concepts, and issues. The course likewise deals with the analysis of the dynamics of typical and modern family that enhances or disrupts family interactions.

HE 293: TECHNOLOGICAL ADVANCES IN FOOD INNOVATION AND DEVELOPMENT

Discourse on trends in modern food processing and development of innovative food product considering the principles, concepts, and processes in food processing.

HE 294: OPERATIONS MANAGEMENT IN CRAFT AND APPAREL INDUSTRY

Production mechanization, product technology innovation, and other trends and challenges in craft and apparel industry.

HE 295: HEALTH AND WELLNESS EDUCATION, TRAINING, AND ADVOCACY

Discourses on various strategies and advocacies to promote health and wellness.

HE 296: MANAGEMENT OF HOME ECONOMICS PROJECTS

Discourse of the principles and practices in planning, organizing, leading, and evaluating home economics activities, projects or programs. The course likewise covers development of proposals related to home economics projects.

HE 297: CURRICULUM DEVELOPMENT WITH INSTRUCTIONAL DESIGN PREPARATION

Discourse on the principles and processes in curriculum and instructional design development and preparation. Along with this focus is a on the current policies, issues, and challenges affecting the home economics discipline and curriculum.

HE 298: SUSTAINABLE LIVELIHOOD AMIDST CHANGING ENVIRONMENT

Discourse on the principles and techniques in recognizing and identifying a business opportunity and creating an innovative, responsive, and sustainable business venture.

HE 300-A: MASTER'S THESIS I

Independent research study in consultation with the advisory committee is a must. This course requires the student to write his/her thesis proposal and be able to defend it.

HE 300-B: MASTER'S THESIS II

Independent research study in consultation with the advisory committee is a must. This course requires the student to write, defend, and bind his/her final manuscript.

