CURRICULUM

CODE	DESCRIPTIVE TITLE	UNITS
	CORE COURSES	
CHD 204	Methods of Research in Community Health Development	3
CHD 205	Research Presentation and Publication	3
CHD 206	Foundations of Community Health Development	3
	MAJOR COURSES	
CHD 211	Sociology of Community Health Development	3
CHD 221	Community Health Promotion	3
CHD 231	Health Program and Project Development and Management	3
CHD 241	Leadership and Governance in Community Health Development	3
CHD 251	Financial Management in Health	3
CHD 261	Community Health Care Standards	3
CHD 271	Health Care Ethics	3
CHD 281	Introduction to Health Care System	3
CHD 291	Health Statistics (Biostatistics)	3
	ELECTIVE COURSES	
CHD 215	Community Health and Culture	3
CHD 216	Community Health Development Policies and Laws	3
CHD 217	Occupational Health and Safety	3
CHD 218	Advance Research Studies in Community Health Development	3
CHD 219	Risk Reduction and Disaster Management in Health	3
	MASTERS THESIS	
CHD 300-A	Thesis A	3
CHD 300-B	Thesis B	3
	MASTERS PROJECT	
CHD 301-A	Master's Project A	3
CHD 301-B	Master's Project B	3

CURRICULUM REQUIREMENTS TO FINISH THE DEGREE

THESIS TRACK

CORE COURSES	9
MAJOR COURSES	15
ELECTIVE COURSES	6
MASTER'S THESIS	6

- Pass a Comprehensive Exam
- Master's Thesis
- Evidence of submission of publication in a refereed journal and proof that the journal is peer reviewed

(BOR Res. No. 44, s. 2023; CMO 15 s. 2019, CMO 21 s. 2025, Admin Memo 0015 s. 2026)

TOTAL UNITS: 36

NON-THESIS TRACK

CORE COURSES	9
MAJOR COURSES	21
ELECTIVE COURSES	6
MASTER'S PROJECT	6

- Pass a Comprehensive Exam
- Master's Project
- Evidence of submission of publication in a refereed journal and proof that the journal is peer reviewed

(BOR Res. No. 44, s. 2023; CMO 15 s. 2019, CMO 21 s. 2025, Admin Memo 0015 s. 2026)

TOTAL UNITS: 42

FEES
(EFFECTIVE SY 2025-2026)

PARTICULARS	AMOUNT
Admission Fee (new student):	
- local	₱ 100.00
- foreign	$ 25.00
Tuition Fee Per Unit	₱ 1,000.00
Technology Fee	₱ 3,000.00
Medical-Dental Fee	₱ 100.00
Library Fee	₱ 350.00
ID Card Fee (new student only)	₱ 186.00
Miscellaneous Fee	₱ 100.00
Entrance Fee (new student only)	₱ 100.00
ID Validation Fee (every semester)	₱ 12.00

VISION
Glocally renowned community of learning promoting collaboration, research, innovation, and knowledge sharing beyond traditional landscape.

MISSION
Provide quality life-long education for all through open, distance, and e-learning systems.

GOALS
1. To design and deliver accessible, high-quality degree programs through distance learning, leveraging technology, industry partnerships, and learner support services to meet the evolving needs of students and society.

2. To establish a sustainable continuing education system that fosters professional growth and lifelong learning through accessible, high-quality programs and industry-aligned opportunities.

3. To design and implement flexible and innovative delivery systems tailored to the needs of distance learners, ensuring accessibility, engagement, and effective learning outcomes.

4. To cultivate leadership in open and distance education by advancing expertise, research, and best practices in innovative and inclusive learning methodologies.

5. To ensure the accessibility of instructional packages for all learners through strategic collaboration, institutional partnerships, and innovative distribution mechanisms.

Benguet State University

OPEN UNIVERSITY

MASTER IN COMMUNITY HEALTH DEVELOPMENT

BOR. Res. No. 44, s. 2023

"Bringing quality and affordable education to your doorsteps."

CONTACT US

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ABOUT THE PROGRAM

PROGRAM DESCRIPTION

The Master of Community Health Development (MCHD) is a multi-disciplinary health allied graduate level degree program designed to enhance the skills, knowledge and proper attitude and values on community health development in an organized effort to improve the health conditions of the people, community life and the country as a whole.

The graduate student shall be equipped with the advance competencies in community organizing and an advocate on the principle of self-help, and voluntary participation and cooperation of people in solving health problems. The MCHD shall equip the graduate students on how to analyze community health problems using social and behavioral sciences and how to develop, plan, and evaluate effective health programs and policies to address community health problems. The ultimate goal of the master of community health development graduate is the successful application of community organizing, effective primary health care delivery system, proper collaboration, coordination and successful empowerment of the people in any community setting.

The curriculum requires a holistic and rich background on health concepts, community health, health care standards, health care delivery system, bioethics, health statistics, foundational public health knowledge and core competencies, as well as exposure in community health care practices.

MODE OF INSTRUCTION

A combination of self-study modules and synchronous sessions at designated learning centers (online) will be provided to participants once a month in a semester. Field activities, assignments, and examinations will supplement this.

COURSE DESCRIPTION

CHD 204: METHODS OF RESEARCH IN COMMUNITY HEALTH DEVELOPMENT

This course prepares the students in the Graduate level for research in the academe and in the field. Different research methods used in Community Health Development are introduced. Quantitative, Qualitative, or Mixed research designs are discussed in detail, with examples in contrived and actual/field settings. Alignment between problem statements and research methodologies (design, sampling, instrumentation and data gathering procedure) are emphasized that will improve the relevance, coverage and quality of the research.

CHD 205: RESEARCH PRESENTATION AND PUBLICATION

Statistics and its uses in research are introduced in this course together with various statistical software and applications used in data analysis are presented in the earlier parts of this course. Such is geared towards equipping the students with tools necessary for defense, presentation and publication requirements of their research outputs. As culmination, a form of research fora is designed as an avenue for the research output presentation and dissemination.

CHD 206: FOUNDATIONS OF COMMUNITY HEALTH DEVELOPMENT

This course shall include concepts, perspectives, strategies, principles, and processes involved in new normal community health development with the ultimate goal of improving the quality of health of its citizenry. It is geared to help the new normal communities and families cope with health problems, protocols, and have them access health services in a manner that maximizes the potential for high-level wellness while also promoting reciprocally supportive relationships between people and their physical and socio-cultural environment.

CHD 211: SOCIOLOGY OF COMMUNITY HEALTH DEVELOPMENT

This course introduces the graduate students to advanced knowledge and skills in Sociology. The students will have a better understanding of themselves and their world; their connection between self, clients, and society/community, biography and history, as well as the individual and social structures. This course examines further the historical and current social construction of race and ethnicity in shaping social relations within the community and globally. It also includes exploring racial and ethnic inequalities by applying sociological theoretical perspectives. Moreover, learners explore ideas about gender and gendered systems of relationships embedded in society, politics, economics, culture, history, and media. From a variety of sociological perspectives and theories, it sets out to explore gender constructions by using the sociological imagination to investigate contemporary gender-related social problems. Additionally, this course looks at the ways in which gender ideologies intersect with other socially and culturally constructed categories of identity such as race, class, sexuality, and disability.

CHD 221: COMMUNITY HEALTH PROMOTION

This course will enable graduate students to gain advance knowledge and skills on the concepts, theories of health promotion, emphasizing on behaviors that promote wellness, quality of health improvement and wellbeing of every individual, family, and community. This course shall include further the basic human needs dimensions sexual health, strategies on empowering health professionals to apply advocacy, proper communication and encourage people to adapt perfect choice for healthy life styles and activities.

CHD 231: HEALTH PROGRAM AND PROJECT DEVELOPMENT AND MANAGEMENT

This course includes the acquisition of knowledge, skills, and proper attitudes of health professionals in health program/project development and management. It shall provide them with a worldwide class experience in understanding how to navigate project management nuances in any healthcare setting. Furthermore, to improve the quality of care at their organization, health facility and or community served by providing focused and strategic leadership to their current health programs or projects. This course shall use current health programs/projects of the Department of Health (DOH) to weave together the topics of project management, creating and managing teams, delegation, motivation, conflict resolution, and negotiation to generate maximum results.

CHD 241: LEADERSHIP AND GOVERNANCE IN COMMUNITY HEALTH DEVELOPMENT

This course shall aid every graduate student to acquire advanced skills and knowledge in dynamic leadership and governance concepts, quality management and governance infrastructure, and social accountability, as well as highly refined management skills and superb leadership in today's rapidly changing health care environment, health care system, and fast technology innovations in health care. This course will enable the graduate student to apply integrated teaching and learning plans to discriminate safe and effective clinical judgments, critical thinking and effective communication while caring for patients or clients and managing groups in a certain community. The importance and role of Nutrition shall also be included in the course.

CHD 251: FINANCIAL MANAGEMENT IN HEALTH

The primary role of financial management in healthcare organizations is to manage money and risk in a way that helps to achieve the financial goals of any healthcare organization to provide efficient healthcare to all their patients. Scrutinizing cost is a way of life in health care today, and every expenditure, including supplies, equipment, and, more importantly, how staff utilize their time, effort, and skills to lessen suffering, confinement, and problems financially.

CHD 261: COMMUNITY HEALTH CARE STANDARDS

This course shall be focused on learning health care terminologies, anatomy and physiology, pathologies, diagnostic and clinical procedures, therapeutic interventions, clinical practice guidelines, treatment protocols, critical paths, algorithms, and standard operating procedures of health care in the different health allied courses.

CHD 271: HEALTH CARE ETHICS

This course deals with the application of ethico-moral and legal concepts and principles to issues that affect any health care practice. Furthermore, this course provides opportunities to concretize commitment to a health profession. The critical thinking process shall be used in the unit with the objective of developing the intellectual capacity to conceptualize and contextualize what students know about particular ethico-moral and legal issues.

CHD 281: INTRODUCTION TO HEALTH CARE SYSTEM

This course focuses on the health care team and delivery systems. Students will learn about types of patient care, various roles and responsibilities of the different members of the health care system, infection control, therapeutic communication and styles, interpersonal behaviors, wellness, and disease. This course shall further focus on the current and potential future health service systems and their components.

CHD 291: HEALTH STATISTICS (BIOSTATISTICS)

This course deals with the principles and processes of obtaining numerical measurements, organizing data into tables, graphs, and charts, extracting relevant health information from which numerical descriptions can be formulated, and the task of concluding the analyzed data as they apply to various fields of endeavor. Specifically, this course deals with the basic epidemiological and biostatistical principles, concepts and procedures for the surveillance and investigation of health-related events.

CHD 215: COMMUNITY HEALTH AND CULTURE

This course shall provide critical analysis of the different concepts of culture, culture care, culture care diversity, culture care universality, cultural structure dimensions, environmental context, ethnohistory, generic (folk or lay) care system, culturally congruent care, culture care preservation, accommodation, and culture care repatterning.

CHD 216: COMMUNITY HEALTH DEVELOPMENT POLICIES AND LAWS

This course is designed to discuss vital principles and values of health policies, ordinances, executive orders and laws related to health. Moreover, to examine and critically analyze the national health laws such as universal health care, its application and guidelines that impact health care delivery system. Emphasis on legal and ethical principles applied by health care workers in decision making in any health community setting is enriched. Further inclusion of theoretical and advance knowledge on the regulation of food intake, drugs, medical devices, cosmetics and application of data privacy act in the care of clients and other health resources is enhanced.

CHD 217: OCCUPATIONAL HEALTH AND SAFETY

This course is intended to provide the graduates with the vital knowledge, skills, and proper attitude in safeguarding the different workingmen against the dangers of injury, sickness, or death through safe and healthful working standards. Moreover, assuring health conservation of valuable manpower resources to prevent loss or damage to lives and properties, consistent with the national health development goals and with the government's commitment for a comprehensive health care system of every worker as a complete human being.

CHD 218: ADVANCE RESEARCH STUDIES IN COMMUNITY HEALTH DEVELOPMENT

This course is designed to critically appraise and enhance the knowledge and skills, as well as attitudes, of the students on the research process. It shall encourage the students to develop a final thesis proposal. Emphasis is on their application of thesis proposal writing and its presentation, analysis, and interpretation of data, and summary of findings and recommendations. Graduate students may learn to appraise research outputs critically and to use research findings in their workplace or health practice. It may also include a mini oral defense of the thesis proposal before a selected research panel.

CHD 219: RISK REDUCTION AND DISASTER MANAGEMENT IN HEALTH

This course is designed to provide an in-depth knowledge, skills, and appropriate values of Disaster and Risk Reduction Management, understand its concepts, models, frameworks, and how health hazards affect people mentally, physically, sociologically, and spiritually in different ways, according to the effects of economic, political, social, and cultural factors. Moreover, to identify types of hazards and how they interact with vulnerabilities, describe the basic elements of the disaster cycle from preparedness and mitigation to response and recovery.

CHD 300-A: THESIS A

An independent research study in consultation with the advisory committee is a must. This course requires the student to write his/her thesis proposal and be able to defend it.

CHD 300-B: THESIS B

An independent research study in consultation with the advisory committee is a must. This course requires the student to write, defend, and bind his/her final manuscript.

CHD 301-A: MASTER'S PROJECT A

This course intends to enhance and fine-tune his/her project management capabilities by planning a project related to his/her degree program for implementation and evaluation in the succeeding semester. This course enables them to put into practice the management theories and concepts that they learned from their respective degree programs. Under the guidance of their advisers, they prepare a development project proposal/outline based on an overview of all the courses in their degree program. Specifically, they are to identify possible project ideas based on a needs determination process applied to a chosen host organization/community. They must prioritize the project ideas using a set of criteria and choose one with the best comparative advantage.

CHD 301-B: MASTER'S PROJECT B

With the guidance of the students' advisers, this course facilitates the implementation, documentation, and reporting of the results of the approved development project proposal/outline. The implementation starts with organizing the resources to be used, including linkages with the project stakeholders identified in the proposal as partners, coimplementers, and beneficiaries. Implementation is monitored and evaluated with appropriate documentation tools and strategies (both narratives supplemented with video and/or photo documentation). The result of the implementation is presented in a knowledge-sharing session initiated by the OU (or in a virtual presentation, as deemed proper). This serves as his/her oral presentation before his/her advisory panel.